



January 2020

Mountain Villa School
Lunch

Lunch Price List Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

1



New Year's Day - No School

2

- Hamburger on a Bun or Cheeseburger on a Bun with Pickle Chips
- Crispy Ranch Fries

3

- Twisted Cheesy Breadsticks with Marinara Sauce
- Roasted Parmesan Broccoli



6

- Chicken Nuggets
- Dinner Roll
- Tater Tots

7

- Cinnamon French Toast Sticks
- Warm Berry Compote
- Breakfast Sausage
- Hash Browns

8

- Philly Cheesesteak Hero
- Oven Baked French Fries
- Steamed Vegetable

9

- Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch
- Sweet Plantains
- Fiesta Rice & Beans

10

- EARLY DISMISSAL
- Pepperoni Stromboli
- Cucumber & Tomato Salad

13

- Meatless Monday
- Italian Sampler with Breaded Ravioli, Mozzarella Sticks and Marinara Sauce
- Italian Green Beans

14

- Hot Dog Sliders
- BBQ Baked Beans
- Country Slaw

15

- Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Southwestern/Fiesta Corn
- Fiesta Rice & Beans

16

- Chicken Bites
- Creamy Mac & Cheese
- Peas & Carrots
- Mini Cornbread Loaf

17

- Bella's Pizza
- Freshly Prepared Spring Mix Salad

20



21

- Crispy Chicken on a Biscuit
- Sweet Potato Waffle Fries

22

- Hot Open Faced Turkey Sandwich
- Mashed Potatoes
- Steamed Peas

23

- Celebrate Chinese New Year Celebration!
- Sweet & Sour Chicken
- Steamed Rice
- Stir-Fry Vegetables
- Fortune Cookie

24

- French Bread Pizza
- Freshly Prepared Caesar Salad

27

- Popcorn Chicken
- Soft Pretzel Sticks
- Mashed Potatoes
- Steamed Corn

28

- Triple Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Steamed Rice
- Sweet Plantains

29

- Pasta with Meat Sauce
- Garlic Breadstick
- Freshly Prepared Italian House Salad

30

- Grilled Cheese Sticks
- Tomato Soup
- Fresh Veggie Dippers

31

- Stuffed Crust Pizza
- Freshly Prepared Garden Salad

Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun , Muffin Meal , Cereal Meal , Bagel Bag & Yogurt Meal

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: allamuchy.nutrislice.com/menu/mountain-villa-school/lunch/

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